

# ICE TRAINING SESSIONS SCHEDULE



WORLD SINGLE DISTANCES SPEED SKATING  
**CHAMPIONSHIPS**



DAY	FROM	UNTIL	REMARKS	DAY	FROM	UNTIL	REMARKS	
Sunday, February 3	Morning session			Thursday, February 7	Morning session			
	9:45	10:30	All participants		8:45	9:30	Teams I	
	Ice preparation				Ice preparation			
	10:45	11:30	All participants		9:45	10:30	Teams I	
	Afternoon session				Ice preparation			
	12:15	13:00	All participants		10:45	11:30	Teams II	
Monday, February 4	Ice preparation			Ice preparation				
	13:15	14:00	All participants	11:45	12:30	Teams II		
	Morning session			Morning session				
	10:45	11:30	All participants	9:05	9:50	Teams II		
	Ice preparation			Ice preparation				
	11:45	12:30	All participants	10:05	10:50	Teams II		
Tuesday, February 5	Afternoon session			Friday, February 8	Ice preparation			
	15:35	16:25	Teams II		11:05	11:50	Teams I	
	Ice preparation				Afternoon session			
	16:40	17:30	Teams I		12:05	12:50	Teams I	
	Morning session				Break			
	8:45	9:30	Teams I		13:50	14:40	All participants	
Wednesday, February 6	Ice preparation			Saturday, February 9	Morning session			
	9:45	10:30	Teams I		8:50	9:40	All participants	
	Ice preparation				Ice preparation			
	10:45	11:30	Teams II		9:55	10:45	All participants	
	Ice preparation				Ice preparation			
	11:45	12:30	Teams II		11:00	11:40	Mass Start skaters only	
	Afternoon session			Sunday, February 10	Morning session		All participants	
	Ice preparation				8:55	9:40		
	14:30	15:20	Teams I		Ice preparation			
	Ice preparation				9:55	10:40		
15:35	16:25	Teams II	Ice preparation					
Ice preparation			10:55	11:40				
16:40	17:30	All participants	Ice preparation					
Ice preparation			11:55	12:40				
Thursday, February 7	Morning session			<p><b>ATTENTION!!!</b> Sessions marked blue are divided in designated groups: I and II:</p> <p><b>Teams I - National Teams of:</b> BLR, CZE, DEN, EST, GBR, GER, JPN, KAZ, KOR, POL, RUS, TPE, USA</p> <p><b>Teams II - National Teams of:</b> AUT, BEL, CAN, CHN, ITA, LAT, NED, NOR, NZL, SUI</p> <p>Training session marked yellow: are open for all participants from national and multinational teams taking part at the Championships.</p>				
	8:45	9:30	Teams II					
	Ice preparation							
	9:45	10:30	Teams II - trial starts					
	Ice preparation							
	10:45	11:30	Teams I - trial starts					
	Ice preparation							
	11:45	12:30	Teams I					
	Afternoon session							
	Ice preparation							
	14:30	15:20	Teams II					
	Ice preparation							
15:35	16:25	Teams I						
Ice preparation								
16:40	17:30	All participants						

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